



Curtis Baptist School Student-Athlete Handbook

**Christ Centered - Committed
Christian Character - Champions for Christ**

**Commit to the LORD whatever you do, and He will
establish your plans
Proverbs 16:3 (NIV)**

Curtis Baptist School

ATHLETIC HANDBOOK

Purpose of CBS Athletics

Curtis Baptist involves its student-athletes in interscholastic sports in order to first and foremost, glorify and honor God with the talents and abilities He has given. We also believe athletics is a great tool to build Christian character, teach discipline, and to learn to face adversity and challenges. Student-athletes are to display Christ like character and honor the Lord throughout their participation.

Participation

Participation in athletics is a privilege. This privilege may be lost as a result of improper conduct. The responsibility for choosing each team is left up to the coach and his/her staff. Players as well as parents must recognize the commitment level that will be needed to participate in the school athletic program. A commitment to a team requires time. A student on a school team is agreeing to make the commitment to practice each day throughout the season and to keep absences from practice and games minimal.

Character Education & Athletics

We expect our student-athletes, parents, and coaches to exemplify the character of Christ as we compete in athletics. In order to accomplish this, there must be a higher level of accountability. Student-athletes have both the privilege and responsibility of representing our school. These students are always representatives of Christ to those who see them. This increased visibility demands that the students be held to a higher standard of conduct that is glorifying to God, both in school and out of school.

“So that you may become blameless and pure, “children of God without fault in a warped and crooked generation. Then you will shine among them like stars in the sky; as you hold firmly to the word of life. And then I will be able to boast on the day of Christ that I did not run or labor in vain.” (Philippians 2:15 – 16, NIV)

Character Goals & Expectations

The following are some of the character qualities we are seeking to build in our student-athletes through Curtis Athletics. Each is drawn from God's Word. Our goal is to strive for Christian character and excellence both on and off the court and field by growing in conformity to Christ in very visible and practical ways.

Faith

Show that you know the Lord is in control of every situation and is carrying out His will in your life - even when things do not seem to go your way.

Respect for Authority

Obey and cooperate with your coach; honor the official. Recognize that these individuals are placed in their positions of authority by God, and, as such, are owed your respect.

Respect for Opposition

Be courteous. Don't let up on them – they deserve your best effort, regardless of the score. Commend and opponent's excellence. Show respect regardless of outcome of the contest.

Humility

Don't boast; don't act proudly. Show forth the attitude that God is the one who is ultimately responsible for your abilities and successes.

Endurance

Persevere in the face of pressure, hard work, and discouragement. Keep your eyes fixed on the higher goals. Don't quit; don't let up.

Intensity

Give everything you've got at all times. Focus your total attention on the job at hand, and put forth every effort to execute it perfectly. Don't be content with mediocrity; strive for excellence.

Enthusiasm

Carry out each task promptly and eagerly. Enjoy the game! Encourage your team mates always.

Responsibility

Be where you need to be when you need to be there. Do what is expected of you even without direct supervision. Choose to work and to make wise decisions on your own initiative.

Integrity

Be honest! Earn a good name as one who is trustworthy. Play by the rules of the game.

Teamwork

Don't be selfish. Spur each other on to excellence. Support successes, and don't criticize failures if the best effort has been given. When someone is struggling, stick with him/her. Be a team!

Servanthood

Look for ways to serve your teammates, your coach, and your school. Remember Jesus' example.

Self-Control

Know yourself. Know how you tend to act under stress. Recognize areas of weakness, and train yourself to respond in a Godly way.

Affiliations

Curtis Baptist is a member of the SCISA for all sports. The school must adhere to all eligibility requirements set forth by this organization.

www.scisa.org

Sports Offered at Curtis Baptist School

Season	Boys	Girls
Fall	Cross Country	Volleyball
Winter	Basketball	Basketball
Spring	Baseball Track & Field Tennis Scholastic Shooting	Softball Track & Field Tennis Scholastic Shooting

Team & School Rules

A coach has the right to establish team rules. The pre-approved rules must be communicated to the team. These rules include, but are not limited to , practice attendance, tardiness, and care of uniforms. The Student-Athlete Handbook applies to all student-athletes and parents in all sports. These rules will be followed.

Athletic Department Chain of Command

The Athletic Director oversees the entire athletic program. The AD works with the Administrators to provide a quality program. Each Assistant or MS Coach reports to the Head Coach of his or her sport, and all Head Coaches report directly to the Athletic Director.

Questions or concerns about a specific team should first be addressed to your son's/daughter's coach. If your questions are not sufficiently addressed, feel free to make an appointment with the Athletic Director.

Parents are strongly encouraged to support the decisions of the coach. While you may not agree with every decision of a coach, how and when you express your feeling may have a negative effect on your child on the team. The time immediately following a contest is an emotional time, so please refrain from approaching a coach with issues at that time. A standard to follow is "right time, right place, and right spirit."

Tryouts for Teams

All coaches may hold try-outs for teams. Coaches will make decisions based on team size. When coaches make decisions to determine whether the student is a Varsity, J.V., or Middle School player, please understand that this is very hard to do. Student-athletes will be observed in skills and drills, and possibly scrimmage situations. The coach after one week will speak to the parents of the student and advise of expectation of their student for the season. If after the first week of practice the student does not want to continue he/she will not be penalized for the next sport.

In order to build a strong program with the facilities and size of coaching staff of Curtis Baptist, we must maintain teams with numbers we can train and play. A student should always feel free to talk to the coach about why he/she did not make a team so that the student can improve for next year. It will be the coaches responsibility to inform parents within the first week of practice the expectations and opportunities for your child.

Curtis Baptist coaches strive to put God first and seek His guidance as we make decisions concerning our students.

Practice Policy

It is understood that an important aspect of athletics is practice. Teams may practice every day after school. Wednesdays are only until, 4:45 pm.

NO TEAM MAY PRACTICE ON SUNDAYS!

Coaches will hand out practice schedules at the beginning of the season. Please note that sometimes changes will have to be made to practice and game schedules.

Coaches spend a tremendous amount of time away from their families during the season. Forcing a coach to wait for parents long after a practice is finished is unfair to the coach. It is imperative that student-athletes are picked up promptly at the end of practices and games.

All coaches will handle the Heat Policy based on the SCISA guidelines.

Hazing/Peer Harassment Policy

Hazing or peer harassment that recklessly or intentionally endangers the mental health, physical health, or safety of a student for the purpose of initiation or membership in affiliation with any team will not be tolerated. All student-athletes must be given the opportunity to compete without the threat of any type of abuse. Coaches have a responsibility to maintain a safe and positive environment for all student-athletes. Students are encouraged to notify coaches or other school personnel if there are any instances of hazing or harassment.

Attendance Guidelines

A student must be present for half the school day in order to participate in practice or a game that day. Exceptions will be made for medical or dental appointments. Please bring a note to the school from your doctor when you have an appointment.

Academic Eligibility

Students who participate in extra-curricular activities must meet the following standards:

- 1). No student may participate in practices, games, etc. on any school-related team until such time as they have been formally admitted to Curtis Baptist School.
- 2). No student may practice or participate in contests if not in school $1/2$ of the school day (not including Saturday).
- 3). All students must have submitted the required physical form prior to participation in any practice or contest.
- 4). Before participating in any athletic contest, each athlete must be in practice with the team and coach at least one week (in primary sport). This shall be two weeks for football due to physical contact nature of the sport.
- 5). Earn minimum average of 70 in each core-curriculum subject (Bible, math, English, foreign languages, science and social studies) for the nine-week grading period.
- 6). Students may be considered for reinstatement at the end of the 3rd week and at the end of 4 $1/2$ weeks of ineligibility period. In order to be reinstated the student must have a numeric average of 70 or higher in each core subject at the time of the request.
- 7). During the period of time in which the student has been declared ineligible he/she will be dismissed from practice and game participation in order to devote this time to academic endeavors.
- 8). The student must request reinstatement on the day that the 3-week and/or 4 $1/2$ -week ineligibility ends by obtaining the appropriate request form and securing grades from each teacher. This form must then be returned to the office for action by the principal/headmaster.

Athletic Physicals

Every student-athlete must have a completed physical on file before beginning practice. Be sure that one parent signs the physical form before turning it in to the office.

Physical and Medical Release forms will be available on the school website.

Uniforms

Uniforms are the property of Curtis Baptist School. Each coach will make sure that uniforms are available at game time.

Travel

All student-athletes will travel with the team to away games. Coaches may allow student-athletes to ride home with their parents, but the coach must be aware of this, in writing or my e-mail. No student-athlete may ride home with another family unless written or email permission had been given to the coach prior to the game. Please inform coach before leaving from any away contest.

Coaches will provide parents with expected arrival times for away games. It is expected that parents will respect the coaches' time and be prompt in picking up their children after home and away games.

Sportsmanship Standards

The Apostle Paul stated in I Corinthians 10:31, "So whether you eat or drink, or whatever you do, do it all for the glory of God." Athletics can be used to develop many positive qualities in student-athletes, parents, and spectators. We must maintain a Christ-like testimony while in the midst of competition. The following guidelines have been developed to help us maintain a Godly walk and testimony.

For the Coach...

1. Exemplify Godly character, behavior, and leadership at all times.
2. Abide by and teach the rules of the game in letter and spirit.
3. Display modesty in victory and graciousness in defeat.
4. Respect the integrity, judgment, and authority of the officials. Show respect to the officials.
5. Only the Head Coach may question or ask for clarification of a situation. This must be done in a Christ honoring spirit.

For the Student-Athlete...

1. Accept the responsibility of representing Curtis Baptist School.
2. Treat opponents and teammates with self-control and respect.
3. Avoid actions and words that demean or taunt opponents.
4. Display modesty in victory and graciousness in defeat.
5. Respect the integrity and judgment of the officials.
6. Shake hands with the opponents after the game regardless of the outcome in a Christ like attitude.

For the Spectators...

1. Remember that you are at an athletic contest involving school students. They are not adults or professionals.
2. Show respect for opposing players, coaches, spectators, and cheerleaders.
3. Respect the integrity, judgment, and authority of the officials.
4. Avoid personal contact with the officials.
5. Avoid booing, taunting, and sarcastic and personal comments directed at the opposing players and referees.
6. Recognize and show appreciation for an outstanding play by either team.

Parent/Coach Relationship

Both parenting and coaching are difficult tasks. Parents and coaches must have an understanding of the expectations and philosophies of one another. Clear communication is important.

Communication you will expect from the coach:

1. Philosophy of the coach
2. Expectations the coach has for team members
3. Locations and times of all games and practices
4. Approximate return times for all away games
5. Team requirements, i.e. fees, special equipment, off-season conditioning

Communication coaches expect from parents:

1. Notification of any schedule conflicts well in advance
2. Specific concerns in regard to a coach's philosophy and/or expectations

Appropriate issues to discuss with a coach:

1. The treatment of your child, mentally, physically, and spiritually
2. Ways to help your child improve

3. Concerns about your child's behavior

Issues NOT appropriate to discuss with a coach:

1. Playing time
2. Team strategy
3. Play calling
4. Other student-athletes

Athletic Awards

Each student-athlete on the team will receive a certificate of participation. Only varsity athletes are eligible to earn a letter. Special awards will be given out at the awards programs. Athletic Director will order All-STATE patches and letters awarded during the school year.

Letter Jackets

Student-athletes may earn a varsity letter by participating on a Varsity team for an entire season and being in good standing with the Coach for that season. If your son or daughter earned a varsity letter in a sport, then he or she may purchase a letter jacket through the school. Only the approved jacket may be worn to school. We ask that all patches, along with names and nicknames, be approved by the Athletic Director before the order is placed.

NCAA Clearinghouse

If you are a prospective student-athlete at a Division I or II college or university, you have certain responsibilities to attend to before you may participate. For all parents and student-athletes who are interested in participating in college athletics, you will need to schedule an appointment with the Athletic Director.

Student-Athlete Code of Conduct

Speech:

Proverbs 16:23, "The hearts of the wise make their mouths prudent, and their lips promote instruction." (NIV)

- 1. Choose your words and your timing wisely.** Questionable language or "slang" words will not be tolerated. The student-athlete will never engage in any language that can be termed "trash talking" or profanity. This includes in all sports and classrooms.
- 2. The student-athlete will address the coaches and officials with respect.** The student-athlete will address the coach as "Coach" or "Mr., Miss, or Mrs." And will take concerns or complaints directly to him or her at the appropriate time.
- 3. Never criticize the officials or coaches.** Coaches and officials represent the authority figure. Obedience to authority is not optional and is not predicated on whether or not you agree with it. All authority is God-given, and disobedience to authority is disobedience to God.

Relationships:

John 15:12, "My command is this: Love each other as I have loved you." (NIV)

- 1. Develop good relationships and a good rapport with teammates and coaches.** God has placed you in this situation for a purpose. You have an opportunity to develop life-long friendships. If sports becomes all about you, you need not participate.
- 2. Develop relationships and a good rapport with classmates.** Do not attempt to set yourself up on a pedestal. Pride will destroy man and team!
- 3. Develop relationships and good rapport with students from other schools.** Never miss an opportunity to share Jesus Christ with others.

Unity:

I Corinthians 12:12, "Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. (NIV)

1. **Develop unity within your team.** *“It is amazing what can be accomplished when no one cares who gets the credit.”* John Wooden
2. **Develop unity with our school family.** God has called each one of us to this school. Each of us has different responsibilities, abilities, and roles. Never be jealous or envious of someone else’s role. Be busy fulfilling your role.
3. **Develop unity within the Kingdom.** We must establish our philosophy with other schools in order for our ultimate purpose to be met – to further the Kingdom of God. It will take other Christian schools being successful. Pray for them as you pray for Curtis Baptist School.

Motives:

I Corinthians 10:31, “So whether you eat or drink or whatever you do, do it all for the glory of God.” (NIV)

1. **Be motivated by the love of God.** Live for Him, because He gave His life for us.
2. **Strive for victory in order to glorify God.** Athletics is simply a means to an end and not an end unto itself. *“Perfection is what you are striving for, but perfection is an impossibility. However, striving for perfection is not an impossibility.”* John Wooden
3. **Demonstrate Christ in our lives by abiding by the rules of the game in letter and spirit.** Tactics that promote unfair “gamesmanship” will not be tolerated.
4. **Be committed to excellence.** Be committed to excellence in all areas: faith, academics, practice, and game preparation. *“Commit to the Lord whatever you do, and he will establish you plans.”* Proverbs 16:3 NIV
5. **Play and act like a CHAMPION!**

Behavior:

I John 2:6, “Whoever claims to live in him must live as Jesus did.” (NIV)

1. **The student-athlete will maintain a good reputation.** The student-athlete’s character will be in good standing with the administration, faculty, and staff. The student-athlete will refrain from the use of profanity, suggestive or threatening language or innuendos.
2. **The student-athlete will meet all eligibility requirements.**
3. **The student-athlete will know and understand all requirements.** The student-athlete will know all of the expectations of his/her team and will follow them both in action and in spirit.

- 4. The student-athlete will show respect for all coaches, trainers, and all staff personnel.** This includes the game plans, methods, and philosophies.
- 5. The student-athlete will show respect for his/her teammates.** The student-athlete will respect the seriousness of his/her commitment by attending all practices, meeting and games as prescribed at the beginning of the season and by working together to accomplish a common goal. Help to hold your teammates accountable for their actions.
- 6. The student-athlete will maintain a high standard of appearance.** He/she will adhere to the strictest interpretations of the school dress code and the team dress for all games.
- 7. The student-athlete will demonstrate Christ-like character.** Both in and out of the arena, the student-athlete will show respect in speech and in actions for game officials, opponents, and those associated with our opponents.
- 8. The student-athlete will never engage in fighting.** The student-athlete will maintain self-control at all times. Unsportsmanlike conduct, penalties, and technical fouls will not be tolerated and will be penalized. Penalties include, but are not limited to, suspension or dismissal from the team, extra conditioning, and loss of playing time. Any ejections from a game will have an additional game suspension.
- 9. The student-athlete will know and understand our philosophy.** The student-athlete will respect the eternal effects of his/her speech and actions as he/she represents him/herself, his/her family, his/her church, and ultimately the Lord and Savior Jesus Christ.

I have read and understand the Student-Athlete's Code of Conduct and agree to abide by its principles and guidelines at Curtis Baptist School sporting events. I fully understand that I may not participate without a signed copy of the document on file in the athletic office.

Print Student Name

Student Signature

Date

Parent Code of Conduct

Speech:

Proverbs 16:23, "The hearts of the wise make their mouths prudent, and their lips promote instruction." (NIV)

1. **Choose your words and timing wisely.** Questionable language or "slang" words will not be tolerated. Anything negative or insulting must be avoided.
2. **Be positive and encouraging.** Lift your student and others up. Let them know that they are important. Let them know the importance of being a member of a team.
3. **Never criticize the officials or coaches.** Coaches and officials are representatives of authority. This is a great opportunity to teach your child how to respect a person in authority. All authority is God-given, and disobedience to authority is disobedience to God. Insist that your child address the coaches and officials with respect.
4. **Never speak negatively around the students or other parents about:**
 - a. **The School-** Negativity can be contagious. Instead, create an atmosphere of gratitude.
 - b. **Other Students or Parents** – Speak to parents only about your students and their students. Speak to other students only in an encouraging manner. The only time another student's parent's name will be mentioned in is a genuine complimentary manner.
 - c. **Officials and Coaches-** Students easily pick up on an adult's attitude toward an official or coach. In order to promote respect for authority, refrain from voicing negative opinions concerning coaches and officials around students.
5. **Never criticize your child's teammates.** Remember to teach your child team attitude.
6. **Always resolve differences with your coaches out of sight and earshot of students and other parents.** Call to set an appointment to speak with the coach privately. Pray about what you will say and what is motivating your discussion.

Relationships:

John 15:12, "My command is this: Love each other as I have loved you." (NIV)

1. **Develop relationships and a good rapport with team and team coaches.** God has placed you in this situation for a purpose. You have an

opportunity to minister and be an encouragement to others. If sports becomes all about you and your student, you need not participate.

2. Develop relationships and a good rapport with other parents.

You will need their prayers and support as much as they will need yours.

3. Develop relationships and a good rapport with parents from other schools.

Never miss an opportunity to share Jesus Christ with others. Promote your school and your students. The relationships you develop are a reflection of our entire ministry.

4. Develop relationships with the coaches.

Get to know the coaches. Pray for them. Communicate with them with an open heart and mind. Be open, honest, and use gentle words.

Unity:

I Corinthians 12:12, "Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. (NIV)

1. Be motivated by the love of God. Live for Him, because He gave His life for us.

2. Strive for victory as a tool to teach your students. Teach them that athletics is a means to an end and not an end unto itself. *"Perfection is what you are striving for, but perfection is an impossibility. However, striving for perfection is not an impossibility."* John Wooden

3. Teach you students to abide by the rules of the game in letter and in spirit. Tactics that promote unfair "gamesmanship" will not be tolerated.

4. Use your child's experiences as a chance to be involved in his or her life. Your relationship with your child as an adult will last longer than your relationship with him/her in your home. If you want a relationship with him/her as an adult, you need to begin building that relationship *now*. Athletics affords you that opportunity.

Behavior:

I John 2:6, "Whoever claims to live in him must live as Jesus did." (NIV)

1. Maintain class and character. You are setting the example for your children. Realize that your every action reflects upon you, your family, Curtis Baptist School & Church, and ultimately Jesus Christ.

2. Always insist that your children follow instructions. Coaches must depend on a player's ability to follow orders immediately and without question. Questions will be raised at the appropriate time, such as practice or after a game.

- 3. Be and example and a guard.** Set the standard high for behavior and appearance, and do not be afraid to speak to those who are indifferent to our ultimate purpose.
- 4. Work *with* the officials...don't *work* the officials.** Badgering an official to persuade a call our way comes with too high a price – our testimony and our ability to influence other for Jesus Christ. There is never a time at any contest where a parent is afforded an opportunity to say anything to an official other than “Thank You.” Without these men and women, and their willingness to officiate, no one is playing ball. It is the responsibility only of the Head Coach to question a call in the right spirit to any official.
- 5. Remain in the stands.** Never attempt to approach the field, court, bench area, press box, score table, or the officials, before, during, or after a ball game. Socially visiting with the coach briefly after a game is encouraged.
- 6. Be modest in victory and gracious in defeat.** Coaches, students, parents, and spectators will need to be strong in this area. Compliment the good play of students from the other school.
- 7. Teach your children that they have a special purpose from God.** It is their responsibility to accept God’s purpose for them. Do not compare or contrast them to others. This limits their ability to fulfill their own unique potential and purpose.
- 8. Have fun, touch lives, and be yourself.** You have the opportunity to be a positive influence, like no one else may be able to, in the lives of your children and their peers. Games, plays, and officials will be forgotten, but your behavior and attitude will stay with your children forever.
- 9. Note: Conduct detrimental to the testimony of the school will result in removal from the athletic arena.**

I have read and understand the Parent’s Code of Conduct and agree to abide by its principles and guidelines at all Curtis Baptist School sporting events. I fully understand that I may not participate without a signed copy of this document on file in the athletic office.

Parent/Guardian’s Name (Print)

Student Name

Parent/Guardian’s Signature

Date

Sporting Fees:

Sports Participation Fee - \$125.00

This is a one-time fee that allows your student to play as many sports as they wish. This fee helps cover the rising costs of officials and equipment that a team may need during their season.

Fees must be paid prior to participation in practice or games.

Season Pass Information

All Sport Season Pass - \$90.00 (includes all Varsity & Middle School HOME games)

One Season Pass - \$50.00 (includes all Varsity & Middle School HOME games in sport of your choice- Basketball or Volleyball ect....)

Season passes admit one and is valid only to person issued.

There will be a charge of \$5.00 for any reprint of a season pass.

This is for regular season only and does not include any home playoff games.

SCISA away games gate fees may be up to \$7.00 for adults and \$4.00 for students.